

2003 Health and Preventive Practices Status Report

from Missouri County-level Study



Boone County

	County Prevalence (%)*	Central Region Prevalence (%)*	State Prevalence (%)*
G eneral			
Health Status (Fair or Poor)	12.9	18.6	16.9
No Health Coverage	12.2	13.0	12.3
B ehavioral Risk Factors			
Physical Inactivity	16.0	23.7	23.0
Current Smoker	25.5	27.9	26.5
Overweight (BMI 25-29.9)	38.6	36.6	35.3
Obese (BMI \geq 30)	20.1	23.6	23.4
D isease and Conditions			
High Blood Pressure	22.9	27.7	28.5
High Cholesterol (35 years or older)	31.3	35.8	37.3
Asthma	13.7	10.9	10.7
Diabetes	6.4	7.4	7.2
Activity Limitation	19.5	19.4	17.8
C ancer Screening			
<i>Women</i>			
Never had a Mammogram	7.1	12.9	13.4
No Mammogram or Clinical Breast Exam in Last Year:			
40-49 years of age	39.2	46.3	49.4
50-64 years of age	26.6	31.2	35.9
65 and older	36.2	54.3	47.4
Never had a Pap Test:			
18-69 years of age	2.4	3.0	5.1
70 and older	5.6	8.8	6.4
No Pap Test in Last Year (18-29)	17.0	20.2	25.8
No Pap Test in Last 3 Years (30-69)	9.0	12.5	13.8
<i>Men and Women 50 Years or Older</i>			
Blood Stool Test:			
Never had a Blood Stool Test	57.2	59.9	57.0
No Blood Stool Test in Last Year	80.1	82.4	77.5
Sigmoidoscopy/Colonoscopy			
Never had a Sigmoidoscopy or Colonoscopy	44.8 L	50.3	49.2
No Sigmoidoscopy or Colonoscopy in Past Five Years	53.5	60.4	57.0

*Prevalence rates are age adjusted to the 2000 U.S. standard population

■ indicates that the prevalence rate is not significantly above or below state prevalence

■ H indicates that the prevalence rate is significantly above the state prevalence

■ L indicates that the prevalence rate is significantly below the state prevalence

Unless otherwise noted respondents are 18 years of age or older